

Mould: mostly just a nuisance

- Every building in Townsville has some mould in it
- It's a wet season issue, even without the floods
- The big wet has made the mould grow - easier to see and smell

Low risk from household mould

- People with a normal immune system can easily keep mould out of their body
- Only a few people could be affected by mould and dusty spores in the air:
 - True allergy to mould, with asthma or lung disease
 - Elderly people, or chronic diseases like diabetes or kidney trouble
 - Low immunity, like people with cancer chemotherapy
- If concerned, see your doctor

Prevent mould growth

- Fresh air and sunshine
- Dry out with fans OR aircon on dry mode

Cleaning up

- People with known medical risks (above) should not do the clean-up
- Use rubber gloves with water and detergent
- Use a fine particle (P2) mask if there's lots of dusty spores indoors
- White vinegar or commercial products can help prevent regrowth
- Some things like water-logged furniture will have to be thrown out
- Carpets waterlogged for more than 2 days may have to be removed – beware that some old carpet underlay may contain asbestos. Asbestos containing carpet or fibro sheets must be disposed of separately to other hard waste. Seek advice

Further Information:

See your doctor or health clinic

For health information call your local [Public Health Unit](#) on (07) 4433 6900

[Call 13 HEALTH \(13 43 25 84\)](#) for qualified health advice anytime

Or visit: <https://www.qld.gov.au/community/disasters-emergencies/recovery-after-disaster/cleaning-up>